

## Dr.ir. Peter L. Zock

### Short CV

Peter L. Zock (1960) is a nutrition scientist with 30 years of experience in research in and between the academia and the food industry. From 1988 until 2005, he worked with Wageningen University, Netherlands, where he also obtained his MSc and PhD degree in Human Nutrition and was affiliated as postdoc and assistant professor.

From 1997-2005, Peter was project leader at the Wageningen Centre for Food Sciences, later Top Institute Food & Nutrition (TIFN), a public-private partnership on precompetitive food research supported by the Dutch government. Since 2003, he works as Senior Scientist at Unilever Research, where he is responsible for a part of Unilever's nutritional science and research, largely in collaboration with academic partners from international universities. From 2012-2016, Peter was also part-time affiliated as Senior Scientist with TIFN, for which he in 2011 established a large multidisciplinary project on vascular markers to evaluate health effects of diet.

Peter has a broad research interest in diet and health. He is experienced in controlled dietary intervention studies, large scale RCTs, observational and meta-analyses, and experimental studies. Most of Peter scientific work relates to dietary fats and cardiometabolic health, but his expertise also includes dietary polyphenols, minerals and vitamins, food and nutrient intake data, and biomarkers of dietary intake and of health status.

Peter has (co)authored over 120 peer-reviewed papers (h-index 47), of which several influenced dietary policies and recommendations. He is regularly invited to speak at international meetings, a frequent reviewer for influential scientific journals, and member of several advisory committees for academic education and large national research projects. Peter is an active member of the NAV and is involved in discussions about the integrity, status, and future of nutrition science.