

THURSDAY October 6, 2022

		09:00 - 09:30	ARRIVAL		
		09:30 - 09:45	WELCOME Alida Melse & Peter Joris		
		9:45 - 11:45	Morning session		Groupleader
			Chairs: Kelly Jardon & Eva Marija Cad		
09.45	-	10.00	Hide van Steenwijk	The PROtective effect of SulforAphaNe on chronic low-grade Inflammation in healthy participants: The PRO SANI study.	Alie de Boer
10.00	-	10.15	Romain Meer	The association between overall diet quality and the development of heart failure with preserved ejection fraction in individuals with type 2 diabetes mellitus.	Joline Beulens
10.15	-	10.30	Anniek van Westing	The association between fatty liver index and kidney function in post-myocardial infarction patients of the Alpha Omega Cohort.	Marianne Geleijnse
10.30	-	10.45	Lieve van Brakel	Plant stanol consumption affects immune function which translates into increased anti-COVID-19 IgM responses, independent of changes in serum cholesterol concentrations.	Jogchum Plat/Ronald Mensink
10.45	-	11.00	Michelle Pang	The effect of weight-loss on whole-body and tissue-specific insulin sensitivity and intrahepatic lipid content and composition - a SWEET sub-study.	Gijs Goossens/Ellen Blaak
11.00	-	11.15	Fatma Mokhtar	Genetic variation in intestinal cholesterol absorption.	Jogchum Plat/Ronald Mensink
11.15	-	11.30	Robert Memelink	Additional effects of exercise to hypocaloric diet on body weight, body composition, glycaemic control, and cardio-respiratory fitness in adults with overweight or obesity and type 2 diabetes: a systematic review and meta-analysis.	Peter Weijs/Mike Tieland
11.30		11.45	Jan de Vries	Improving Standards in the Science for Nutrition, a follow up on the Nutrition in Transition initiative.	
		12:00 - 13:00	LUNCH		
		13:00 - 15:00	Afternoon session		Groupleader
			Chairs: Lieve van Brakel & Belen Beltramo		
13.00	-	13.15	Samantha Heershop	Protein quality of Dutch diets optimized for health and sustainability.	Sander Biesbroek/Pieter van 't Veer
13.15	-	13.30	Marije Verwijs	2EAT: A sustainable diet for older adults with obesity.	Peter Weijs
13.30	-	13.45	Lindsay Ketelings	Are health perceptions of meat alternatives in line with currently available alternatives to meat in the Netherlands?	Alie de Boer
13.45	-	14.00	Reina Vellinga	Ultra-processed foods: human and planetary health.	Liesbeth Temme/Sander Biesbroek/Pieter van 't Veer
14.00	-	14.15	Noreen Siddiqui	The interaction between the community food environment and cooking skills in relation to diet-related outcomes.	Joline Beulens
14.15	-	14.30	Carliene van Dronkelaar	Diagnostic value of 4 screening tools for malnutrition compared to GLIM criteria for the diagnosis of malnutrition in hospitalized older patients.	Peter Weijs/Hinke Kruijenga/Michael Tieland
14.30	-	14.45	Mireille Baart	Association of nutrition with lower limb tendinopathy and exercise related abdominal complaints in runners: results from the Eat2Run study.	Marco Mensink/ Hans Zwerver
14.45	-	15.00	Charlotte Kramer	Association between Malnutrition and Physical Performance in Older Adults: A Systematic Review and Meta-Analysis of observational Studies.	Pol Grootswagers/Lisette de Groot
		15:00 - 15:30	BREAK		
		15:30 - 17:15	NAV lecture & debate		
			Peter Zock: 'Interests and Bias in and around Nutrition Science'		
		17:15 - 18:00	GET-TOGETHER IN THE BAR		
		18:00 - 19:45	DINNER		
		19:45 - 20:00	COFFEE / TEA		
		20:15 - 22:00	Foppe ten Hoor Award session		Groupleader
			Chairs: Alida Melse & Peter Joris		
20.15	-	20.40	Kevin Nijssen	Longer-term mixed nut consumption improves brain function and memory: Results of a randomized, controlled, crossover trial in older adults.	Ronald Mensink/Peter Joris
20.40	-	21.05	Josine Stuber	Real-life effects of nudging and pricing strategies in the supermarket to promote healthy diets: the Supreme Nudge parallel cluster-randomized controlled trial.	Joline Beulens
21.05	-	21.30	Inez Trouwborst	Precision nutrition by modulating dietary macronutrients according to tissue-specific insulin resistance phenotypes improves cardiometabolic health: the randomized PERSON study	Gijs Goossens/Ellen Blaak
		21:30 - 21:45	BREAK AND VOTING		
		21:45 - 22:00	AWARD CEREMONY		
		22:00 - ...	NETWORKING AT THE BAR		

FRIDAY October 7, 2022

		08:30 - 10:30	Early morning parallel sessions		
			Parallel A: Brain function, well-being, and eating behaviour		Groupleader
			Chairs: Tessa de Bie & Marion Buso		
08.30	-	08.45	Lowela Mughal	Depressive symptoms before and during COVID-19-related community quarantine among Filipino adolescents.	Alida Melse
08.45	-	09.00	Sylvie Huybers	The effect of food texture of different snacks on eating rate (RESTRUCTURE project).	Kees de Graaf/ Dieuwerke Bolhuis/ Annet Roodenburg
09.00	-	09.15	Jacco Bastings	Impact of weight loss on the brain reward response to non-caloric sweeteners.	Tanja Adam
09.15	-	09.30	Sanne Ahles	Short-Term Aronia Melanocarpa Extract Supplementation Improves Cognitive Performance: A Randomized Controlled Trial in Healthy Young Adults.	Jogchum Plat/Peter Joris
09.30	-	09.45	Micah Adams	Effects of dietary protein interventions on cognitive performance and brain vascular function: A systematic review.	Jogchum Plat/Ronald Mensink/Peter Joris
09.45	-	10.00	Sanne Kremers	The association between protein intake and depressive symptoms in Dutch adults with type 2 diabetes: the Hoorn Diabetes Care System cohort.	Joline Beulens
10.00	-	10.15	Eva Marija Cad	Sweet tooth study: a 6-month semi-controlled randomized trial assessing effects of dietary sweetness exposure on sweetness preferences.	Monica Mars
10.15	-	10.30	Muhammad Asrullah	Sleep quality is associated with depression in adolescents aged 10-19 years during the COVID-19 pandemic in Indonesia.	Alida Melse

		Parallel B: Dietary composition and dietary patterns		Groupleader
		Chairs: Julia Bird & Charlotte Kramer		
08.30	- 08.45	Belen Beltramo	Nutrient composition of fresh produce – assessing variability between European countries for substantiating food claims.	Alie de Boer
08.45	- 09.00	Robby Tan	Dietary intake, dietary patterns, and nutritional status of older Filipino adults.	Lisette de Groot/ Marco Mensink
09.00	- 09.15	Mariane De Almeida Alves	Reduced rank regression dietary patterns and adiposity over time in Dutch and Brazilian cohorts.	Trudy Voortman
09.15	- 09.30	Auke Verklaar	The association between dietary patterns with objective and subjective sleep duration and sleep quality in the Rotterdam study.	Trudy Voortman/Renate Winkels/Ellen Kampman
09.30	- 09.45	Lise Heuven	AI dente or well done? How the eating rate of a pasta dish is modified by the eating rate of its components.	Dieuwerke Bolhuis/Kees de Graaf/Ciarán Forde
09.45	- 10.00	Moïgan Amiri	A posteriori-derived dietary pattern and mortality in post-menopausal women.	Trudy Voortman
10.00	- 10.15	Lieke Dortmans	The contribution of foods to plasma choline levels in pregnant women (KOALA Birth Cohort Study).	Carel Thijs
10.15	- 10.30	Tosca de Crom	Plant-based dietary pattern and the risk of dementia: a population-based study.	Trudy Voortman
10:30 - 11:00		NETWORKING AND 'WERKGROEPLEIDERSVERGADERING'		
11:00 - 13:00		Late morning parallel sessions		
		Parallel A: Dietary interventions, digestion and dietary requirements		Groupleader
		Chairs: Micah Adams & Lise Heuven		
11.00	- 11.15	Maïte Schroor	The effects of intermittent fasting diets compared to continuous energy restriction on body composition and cardiometabolic risk markers in humans: a systematic review and meta-analysis.	Jogchum Plat/Ronald Mensink
11.15	- 11.30	Tessa de Bie	12-week oral GABA supplementation reduces fasting glucose concentration but does not change postprandial glucose response in prediabetic adults: A double-blind, randomized, placebo-controlled trial.	Michiel Balvers/Maarten Jongasma/Renger Witkamp
11.30	- 11.45	Kelly Jardon	The gut microbiome as base for precision nutrition in tissue-specific insulin resistance: Results of the Person Study.	Gijs Goossens/Ellen Blaak
11.45	- 12.00	Julia Roelofs	Gastric emptying and amino acid absorption of pea protein products: a randomized cross-over trial.	Paul Smeets/Guido Camps
12.00	- 12.15	Willem Zwaan	Effects of Individual Amino Acids on PPAR α Transactivation, mTORC1 Activation, ApoA-I Transcription and pro-ApoA-I Secretion.	Jogchum Plat/Herman Popeijus
12.15	- 12.30	Tsitsi Chimhashu	Development of a method to calculate provitamin A bioequivalence from mixed diets in theoretical adults by applying compartmental analysis.	Alida Melse
12.30	- 12.45	Thirza van Deuren	Butyrate/hexanoate-enriched triglycerides increase postprandial systemic butyrate and hexanoate in men with overweight/obesity.	Gijs Goossens/Ellen Blaak
12.45	- 13.00	Julia Bird	Obesity and vitamin C: Evidence for increased requirements.	Alida Melse
		Parallel B: Diet quality, dietary intake, and malnutrition		Groupleader
		Chairs: Samantha Heerschoop & Jacco Bastings		
11.00	- 11.15	Anne-Sophie van Lanen	Pre- and post-diagnostic dairy intake in association with recurrence and all-cause mortality in persons with stage I-III colorectal cancer.	Fränzel van Duijnhoven/Dieuwertje Kok/Ellen Kampman
11.15	- 11.30	Thi Thuy Duong Van	Evaluation and Application of the Vietnamese Healthy Eating Index.	Edith Feskens
11.30	- 11.45	Qihua Wang	Diet quality at 3 years of age and childhood blood pressure.	Eva Corpeleijn
11.45	- 12.00	Marjolein de Jong	Evaluating the risk of excessive intakes using the tolerable upper intake level (UL): the effect of using different age categories for children.	Alida Melse/Marianne Geleijnse
12.00	- 12.15	Manuela Yepes Calderon	Selenium excretion is associated with protein intake and risk of all-cause mortality in kidney transplant recipients.	Eva Corpeleijn
12.15	- 12.30	Novita Naomi	Association between sugar-sweetened beverages, low/no calorie beverages and fruit juice consumption and metabolic syndrome incidence.	Edith Feskens/Marianne Geleijnse
12.30	- 12.45	Marion Buso	Prevalence and validity of sugar and high-intensity sweeteners consumption assessed by a general FFQ, multiple 24-h recalls, and urinary biomarkers in the NQplus study.	Edith Feskens
12.45	- 13.00	Annick van Soest	The association between plant-based diet adherence and cognitive ageing.	Ondine van de Rest/Lisette de Groot/Renger Witkamp
13:00 - 14:15		LUNCH AND DEPARTURE		