



Dr. Kim Braun is a nutrition scientist and epidemiologist. Kim studied Nutrition & Dietetics at The Hague University of Applied Sciences after which she continued with a Master Health Sciences at the VU University in Amsterdam and specialized in Nutrition and Health.

After graduating, she started a PhD program at the department of Epidemiology at Erasmus Medical Center in Rotterdam and investigated the role of nutrition and epigenetics in cardiometabolic health over the life course. Her research was embedded in the Generation R Study, The Rotterdam Study and international consortia. During this trajectory, Kim obtained a Master in Epidemiology at the Netherlands Institute of Health Sciences (NIHES). As part of her PhD, Kim worked for 6 months as a visiting scientist at the department of Nutrition of the Harvard School of Public Health. Here she conducted research in the Nurses' Healthy Study and The Healthy Professionals Follow-up Study on the relationship between B-vitamins and type 2 diabetes.

Kim obtained her PhD in 2018 after which she continued as a postdoc in the Nutrition and Lifestyle Epidemiology group at Erasmus Medical Center, where she extended her research line on nutrition and cardiometabolic health. During her postdoc, she managed several projects and was involved in developing and teaching nutrition education in the curriculum of Medicine and other Bachelor and Master programs. In 2019, Kim was a selected participant for the Nutrition European Leadership Platform Essentials Program in Luxembourg.

Currently, Kim is working at Schuttelaar & Partners as Advisor Healthy Living and parttime as a Lecturer Nutrition and Dietetics at The Hague University of Applied Sciences where she teaches Global Health. In addition to her work, Kim is chair of the Young-NAV committee in which they organize several activities for young nutrition scientist.

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